



Friday
9/15/2017

290 Route 109, Farmingdale www.DelizoneLI.com

For pick up or delivery go to
www.delizoneli.com
Or Call 631-293-7399 or Fax 293-8171

Impress Your
Guests with
a catering from
Deli Zone

Muscle Wrap 5.99
3 egg whites, Turkey,
Mushroom, Spinach,
and low fat Swiss

Energy Wrap 6.75
3 egg whites, grilled
chicken, spinach,
tomato, and avocado

Power Wrap 6.75
3 egg whites,
Quinoa, spinach,
turkey and avocado

Light and Healthy
wrap 4.25
2 egg whites,
Turkey bacon, and
low fat Swiss

Hot Buffet Zone pick 3
Sm. 5.75 Med.7.25 Large 8.25
Pick 1: Chicken Teryaki, Fish Fingers,
Pulled pork, Chicken cutlets, grilled
chicken, Chili Con Carne, BBQ boneless
Ribs, Italian Meat Balls, Swedish Meat-
balls
Pick 1 Southern Grits, White Rice,
Brown Rice, Macaroni and Cheese,
Quinoa, penne ala Vodka
Pick 1: Steamed Broccoli, Sautéed
Vegetables, Baked Sweet Potato

Burrito Zone \$ 7.49
Build your own
Served w/ Side Salsa & Sour Cream
Pick 1: Grilled Chicken, Roast
Pork, Turkey, Steak, Fried
Shrimp, Pulled pork
Pick 1: Cheddar, Mozzarella,
Pepper Jack
Pick 3: Rice, Corn, Black
Beans, Olives, Jalapeno, Quinoa,
Tomato, Onions, Avocado
Spinach, Roasted Peppers

Waffle Cone Parfait
\$ 5.99
Fresh Strawberries and
Blueberries layered with low
fat Vanilla yogurt and home
made Granola in a large
Crispy Waffle Cone Bowl
With a drizzle of tangy
Raspberry Melba Sauce

Teriyaki Salmon
Served over Brown
Rice or Quinoa with
steamed Broccoli
9.49

Home made Soup Zone
*CHICKEN NOODLE
* Quinoa and Lentil
*MOTZOH BALL
* Italian Wedding
Small (12 OZ) \$ 3.25
Medium(16 OZ) \$ 3.75
Large(32 OZ) \$5.99

Fritos Chili Pie 5.99
Fritos chips topped with Chili
Con Carne melted zesty Cheddar
cheese and diced red onions

Tuscan Tuna Salad Wrap
Drained Tuna tossed with Olives, diced
Sweet Cherry Tomato, red Onions,
Lettuce w/ Olive oil and Lemon Juice
in a Tomato Basil Wrap
\$ 7.49

**Apple Cranberry
Walnut Chicken Salad**
7.49
On a Kaiser Roll with
Lettuce and Tomato

Three Salad Combo 8.99
A large size Tossed salad topped with
a scoop each of Tuna, Chicken and
Egg salad

Quinoa Salad 7.49
Quinoa, Diced Apples, sliced Almonds, Craisins,
red Onions, and Feta cheese served w/ Olive oil and
lemon Vinaigrette. Quinoa is King! Protein packed,
Gluten free, and has all nine Amino acids

Panini Zone 7.49
Pulled Pork and
Cheddar with a Pickle and
slaw on the side

Hi Honey Wrap 7.25
Honey Glazed Turkey, Swiss cheese,
lettuce, Tomato and honey mustard
in Wrap

LUNCH BOX SPECIAL 7.49
Ham and Cheese
(On White, Rye, Or Wheat),
Poland Spring Water, Or Home Made
Iced Tea, & Potato chips

Hero of the day
5.99
Tuna Salad

Sicilian Egg Plant Wrap 7.25
Breaded Egg Plant cutlets with
melted Provolone
and roasted Peppers

Sandwich of the day 5.49
Grilled Cheese
(white, rye, or wheat)
20 oz. Iced Tea or Lemonade

Greek Zone \$ 6.99
Falafel Pita
w/ lettuce, Tomato, Onions
and side yogurt sauce

Tuna melt Pita
w/Tomato
on a Pita 7.25