



Thursday
1/18/2018

290 Route 109, Farmingdale www.delizoneli.com

For pick up or delivery go to
www.delizoneli.com
Or Call 631-293-7399 or Fax 293-8171

What's New?
Deli Zone is introducing
two more delicious
low calories Iceberg
Lettuce Wraps .
**Find it here

Muscle Wrap 5.99
3 egg whites, Turkey,
Mushroom, Spinach,
and low fat Swiss

Energy Wrap 6.75
3 egg whites, grilled
chicken, spinach,
tomato, and avocado

Power Wrap 6.75
3 egg whites,
Quinoa, spinach,
turkey and avocado

Light and Healthy
wrap 4.25
2 egg whites,
Turkey bacon, and
low fat Swiss

Hot Buffet Zone : pick 3
Sm. 5.75 Med.7.25 Large 8.25

Pick 1: Chicken Franchise, Pulled
Pork, Swedish Meat Balls, Roasted Chick-
ens, Grilled Chickens, Chicken Cutlet,
Chili Con Carne, BBQ boneless Ribs, Ital-
ian Meat Balls, Sausage and Peppers
Pick 1: Brown Rice, White Rice, Quinoa,
Southern Grits, Macaroni and Cheese
Pick 1: Steamed Broccoli, Sautéed
Vegetables

Burrito Zone \$ 7.49

Pick 1: Grilled Chicken,
Roast Pork, Pulled BBQ Pork,
Sliced Beef, Fried Shrimp

Pick 1: Cheddar,
Mozzarella, Pepper Jack

Pick 3: Rice, Corn, Black
Beans, Olives, Jalapeno,
Tomato, Onions, Avocado
Served with Sour Cream, Salsa
and Chips

Quesadillas Zone 7.75

Build your own: pick 5

Pick 1: grilled chicken, roast beef,
roast pork, pulled pork, fried shrimp

Pick 1: Mozzarella, Cheddar,
Pepper Jack, American, Swiss

Pick 3: Rice, Corn, Olives, Tomato, On-
ions, Green Peppers, Roasted Peppers,
Jalapeno, Spinach, Mushroom

Additional 1 dollar: Turkey Bacon,
regular Bacon, Avocado
Served with free potato chips

Grilled Chicken Santa Fe
Salad 8.99

With Romaine hearts,
Tomato, Bell Peppers,
Red Onions, shredded
Cheddar and Avocado
in a large Tortilla Shell

Soup Zone

*CHICKEN NOODLE

*Sweet Potato w/ bacon and
maple Croutons

*MOTZOH BALL

* Italian Wedding

Small \$ 3.25 , Medium(16 OZ) \$ 3.75
Large(32 OZ) \$ 5.99

Waffle Cone Parfait 5.49

Crispy Waffle Cone stuffed with
layers of low fat Vanilla yogurt ,
fresh Blueberries and Straw-
berry and our home made Gra-
nola with a tangy drizzle of
Raspberry Melba syrup

Iced Green Tea

Small (20 Oz.) 1.79
Medium (32 Oz.) 2.19
Large (44 Oz.) 2.69

Fresh Salads

>Chick Pea salad 5.99 Lb.
>Honey mustard Chicken
Pasta salad 7.99

Pastrami Rueben 7.25

Pastrami, Melted Swiss, Sauerkraut
and Russian on grilled Rye

**200 Calories Ever Roast
Chicken Lettuce Wrap 5.99

3 Oz Boars Head Ever Roast chicken, 1 Oz. Roasted Peppers,
1/2 Oz. Feta cheese all wrapped
in Iceberg Lettuce leaves

**300 Calories Greek Salad
Lettuce Wrap 6.49

Diced Tomato, red onions, cucumber, black olives,
Roasted Peppers, 1oz.Feta cheese all wrapped
in Iceberg Lettuce leaves.
Greek Dressing (50 calories)

**400 Calories Turkey
Lettuce Wrap 6.99

2 slices Turkey Bacon, 3 slices Oven Gold Turkey. 1 slice
Alpine Lace Swiss, diced tomato, 3 slices Avocado
Add mustard (3 calories) or Humus(25 calories)

LUNCH BOX SPECIAL 7.49

Turkey and Cheese
(On White, Rye, Or Wheat),
Poland Spring Water, Or Home Made Iced Tea
1/4 Lb.(Potato, macaroni, or Slaw)

Caesar BLT Buffalo
Chicken Wrap 7.75

Buffalo Chicken, Bacon, Romaine,
Tomato with creamy Caesar dressing

Panini Zone 7.49

Egg Plant, Provolone, Humus
and Avocado

Sandwich of the Day 6.99

Chicken Salad

on White, Rye or Wheat
Served w/ 20 Oz. Iced Tea

Value Meal 7.75

Chicken Fingers(4)

Served w/ French Fries,
& 20 Oz. Iced Tea

Pita Zone \$ 7.25

Tuna Melt Pita

w/ melted cheese and tomato

Black and White \$ 7.49

Grilled Pastrami, and Turkey
with melted Mozzarella on a Roll

Liverwurst at Best 6.25

Boars Head liverwurst,
Swiss cheese, thin sliced red
Onions and Spicy mustard on rye

Buffalo Chicken Calzone 6.25

With Ricotta and Mozzarella served w/ side
blue cheese dressing

