



Tuesday
3/13/2018

For delivery or pick up
Call 631-293-7399 or Fax 293-8171
(\$15 minimum)

**Impress your
Guests with
a Catering from
Deli Zone**

290 Route 109, Farmingdale www.delizoneli.com

Muscle Wrap 5.99
3 egg whites, Turkey,
Mushroom, Spinach,
and low fat Swiss

Energy Wrap 6.75
3 egg whites, grilled
chicken, spinach,
tomato, and avocado

Power Wrap 6.75
3 egg whites,
Quinoa, spinach,
turkey and
avocado

Pay in cash and
save:
Over the phone
cc transactions
Add 1.00+ 3.8%

Hot Buffet Zone : pick 3

Sm. 5.75 Med. 7.25 Large 8.25

Pick 1: Roast Pork Loin, Swedish Meatballs, Chili Con Carne, Chicken Cutlets, Grilled Chickens, BBQ boneless Ribs, Egg Plant Parmigiana, Sausage & Peppers, Italian Meat Balls
Pick 1: White rice , Brown Rice, Quinoa, Macaroni and Cheese, Mashed Potato
Pick 1: Steamed Broccoli, Sautéed Vegetables, Baked sweet Potato

Oatmeal Zone

Fresh Hot Oatmeal

Served plain or with milk 2.99
Free toppings: cinnamon, brown sugar, maple syrup, honey, Granola
Add \$.50: Raisin, dried cranberries, Walnuts, Almonds, banana, strawberry, blueberries, Chocolate Chips

Quesadillas Zone 7.75

Build your own: pick 5

Pick 1: grilled chicken, roast beef, roast pork, pulled pork, fried shrimp
Pick 1: Mozzarella, Cheddar, Pepper Jack, American, Swiss
Pick 3: Rice, Corn, Olives, Tomato, Onions, Green Peppers, Roasted Peppers, Jalapeno, Spinach, Mushroom
Additional 1 dollar: Turkey Bacon, regular Bacon, Avocado
Served with Sour Cream Salsa and potato chips

Chickens Pot Pies 6.99

**Are back for
a limited time
Please allow extra 30
minutes for
delivery or pick up
Baked to order**

Home made

Soup Zone

*CHICKEN NOODLE
* Chicken Tortilla
*MOTZOH BALL
* Italian Wedding
Small (12 OZ) \$ 3.25
Medium(16 OZ) \$ 3.75
Large(32 OZ) \$ 5.99

Burger Zone

Pick 1: Hamburger, Turkey Burger, Veggie burger 5.50
Pick 1: Mozzarella, Cheddar, Pepper Jack, American, Swiss .50
Free toppings : Lettuce, Tomato, Onions, Pickles
Additional toppings : Bacon 1.00, avocado 1.00, Mushroom .75, fried Onions .50, one egg 1.00, hash Brown .50, Jalapeno .50
Make it a Deluxe with Cole slaw: French fries 2.50, Sweet Potato Fries 2.99, Waffle Fries 2.99, Curly Fries 2.99, Onion Rings 2.99

****400 Calories Turkey
Lettuce Wrap 6.99**

2 slices Turkey Bacon, 3 slices Oven Gold Turkey.
1 slice Alpine Lace Swiss, diced tomato,
3 slices Avocado
Add mustard (3 calories) or Humus(25 calories)

Smoothie Zone 4.49

**Green Tea, Honey,
Grapes, Spinach
and Avocado**

****200 Calories Ever Roast
Chicken Lettuce Wrap 5.99**

3 Oz Boars Head Ever Roast chicken, 1 Oz. Roasted Peppers, 1/2 Oz. Feta cheese all wrapped
in Iceberg Lettuce leaves

Reuben Stromboli 7.25

Stuffed with Corned Beef, Swiss and Sauerkraut served a cup of Russian
Made fresh to order

3 Salad Combo 8.99

A Large House Salad topped with a scoop each of Tuna, Chicken, and egg salad

Cuban Panini 7.75

Roast Pork, Ham, Swiss , Pickles and Honey mustard

LUNCH BOX SPECIAL 7.49

Turkey and Cheese (On White, Rye, Or Wheat), Poland Spring Water, Or Home Made Iced Tea, & Potato chips

Sandwich of the Day 7.25

Egg Salad w/ Bacon
on White, Rye or Wheat
Served w/ 20 Oz. Iced Tea

Wrap Zone \$ 7.49

Baja Chicken Wrap
Grilled Chicken, Cheddar Cheese, Salsa, Lettuce and Jalapeno

Value meal 7.49

4 pieces of Crispy Chicken Fingers, French Fries, Slaw and small Iced Tea

Chicken Philly Cheese Sub 7.99

Grilled Chicken Strips, melted Provolone, Sautéed Onions With Chipotle Mayo on a full Hero

Pita Zone \$ 6.99

> Ham and Swiss Cheese melt Pita
> Turkey and Cheese melt Pita
> Tuna, tomato Cheese melt

Open 5:30 am to 5:00 pm Monday to Friday

6:00 am to 3:00 pm Saturday

7:00 am to 3:00 pm Sunday