



Tuesday
9/19/2017

For delivery or pick up
Call 631-293-7399 or Fax 293-8171
(\$15 minimum)

Impress your
guests with
a catering from
Deli Zone

290 Route 109, Farmingdale www.delizoneli.com

Muscle Wrap 5.99
3 egg whites, Turkey,
Mushroom, Spinach,
and low fat Swiss

Energy Wrap 6.75
3 egg whites, grilled
chicken, spinach,
tomato, and avocado

Power Wrap 6.75
3 egg whites,
Quinoa, spinach,
turkey and
avocado

Light and Healthy
wrap 4.25
2 egg whites,
Turkey bacon,
and low fat Swiss

Hot Buffet Zone : pick 3

Sm. 5.75 Med. 7.25 Large 8.25

**Pick 1: Chicken Marsala , Pulled
Pork, Swedish Meatballs, Chili
Con Carne, Chicken Cutlets,
Grilled Chickens, BBQ boneless
Ribs, Egg Plant Parmigiana,
Sausage & Peppers, Italian Meat Balls**
Pick 1: White rice , Brown Rice, Quinoa,
Macaroni and Cheese, Mashed Potato
Pick 1: Steamed Broccoli, Sautéed
Vegetables, baked sweet Potato

Burrito Zone

\$ 7.49

Served w/ Side Salsa & Sour Cream

Pick 1: Grilled Chicken,
Roast Pork, Turkey, Sliced Beef,
Fried Shrimp
Pick 1: Cheddar,
Mozzarella, Pepper Jack
Pick 3: Rice, Corn, Black
Beans, Olives, Jalapeno,
Tomato, Onions, Avocado

Quesadilla Zone 7.75

Served with side Salsa and Sour Cream

Pick 1: Grilled Chicken, Chicken Cut-
lets, Roast Pork, Turkey, Ham, Steak,
Shrimp
Pick 1: Cheddar, Pepper Jack,
Mozzarella, America, Swiss
Pick 2: Green Peppers, Roasted
Peppers, Onions, Tomato, Olives, Ja-
lapeno, Spinach, Bacon, Mushroom,
Avocado

Waffle Cone Parfait \$ 5.99

Fresh cut fruit salad
layered with low fat
Vanilla yogurt and home made Granola
in a large Crispy
Waffle Cone Bowl
With a drizzle of a tangy
Raspberry Melba Sauce

Home made Soup Zone

*CHICKEN NOODLE
* Broccoli, Kale and Spinach
*MOTZOH BALL
* Italian Wedding
Small (12 OZ) \$ 3.25 ,
Medium(16 OZ) \$ 3.75
Large(32 OZ) \$ 5.99

Fresh Salads

>Chick Pea salad 5.99/ Lb.
>Honey Mustard grilled Chicken
pasta salad 6.99/ Lb.
>Creamy Ranch grilled chicken
Pasta salad 6.99/ lb.
>Watermelon, Feta, Tomato
Cucumber salad 7.49 (large)

Burrito Zone 7.49

Chorizo Fritto Burrito

Chorizo, Black beans, Fritos,
Avocado, pickled Jalapeno and Chipotle mayo,
served with side sour cream and Salsa

Smoothie Zone 4.49

Green Tea, Honey, Grapes,
Spinach and Avocado

Fritos Chili Pie 5.99

Fritos layered with Chili Con carne,
melted cheddar and
diced red Onions

Quinoa Salad 7.49

Quinoa, Diced Apples, sliced
Almonds, Craisins, red Onions, and Feta cheese
served w/ Olive oil and lemon Vinaigrette.
Quinoa is King! Protein packed, Gluten free, and
has all nine Amino acids

Salad Zone 8.99

3 Salad Combo

A Large House Salad topped with
a scoop each of Tuna, Chicken,
and egg salad

Hero Zone 8.99

Chicken Classic
Crispy Chicken Cutlets, Bacon,
Lettuce, Tomato and
melted American Cheese

LUNCH BOX SPECIAL 7.49

Turkey and Cheese
(On White, Rye, Or Wheat),
Poland Spring Water, Or Home Made Iced
Tea, & Potato chips

Sandwich of the Day 6.99

Egg Salad w/ Bacon

on White, Rye or Wheat
Served w/ 20 Oz. Iced Tea

Wrap Zone \$ 7.25

Baja Chicken Wrap
Grilled Chicken, Cheddar Cheese, Salsa,
Lettuce and Jalapeno

Value meal 7.49

4 pieces of Crispy Chicken
Fingers, French Fries, Slaw and
small Iced Tea

200 Calorie

**Ever Roast Chicken
Lettuce Wrap 5.99**

3 Oz Boars Head Ever Roast chicken, 1
Oz. Roasted Peppers, 1/2 Oz. Feta cheese
all wrapped in Iceberg Lettuce

Pita Zone \$ 6.99

> Ham and Swiss Cheese melt Pita
> Turkey and Cheese melt Pita
> Tuna, tomato Cheese melt

Open 5:30 am to 5:00 pm Monday to Friday

6:00 am to 3:00 pm Saturday

7:00 am to 3:00 pm Sunday