



Wednesday
1/17/18

We Deliver
Tel 631-293-7399 or Fax 293-8171
(\$15 minimum)

Impress your guests with
a catering from
Deli Zone.

Visit us: delizoneli.com
Or download deli zone App
from your App Store

290 Route 109, Farmingdale www.delizoneli.com

Muscle Wrap 5.99
3 egg whites, Turkey,
Mushroom, Spinach,
and low fat Swiss

Energy Wrap 6.75
3 egg whites, grilled
chicken, spinach,
tomato, and avocado

Power Wrap 6.75
3 egg whites,
Quinoa, spinach,
turkey and
avocado

Light and Healthy
wrap 4.25
2 egg whites,
Turkey bacon,
and low fat Swiss

Hot Buffet Zone : pick 3

Sm. 5.75 Med.7.25 Large 8.25

Pick 1: Chicken Cordon Bleu, Chicken
Cutlets, Grilled Chickens, , Chili Con Carne,
BBQ boneless Ribs, Sausage & Peppers, Ital-
ian Meat Balls, Swedish Meatballs,
Chicken Parm.

Pick 1: White Rice, Brown Rice, Southern
Grits, Macaroni and Cheese, Quinoa,
Mashed Potato

Pick 1: Steamed Broccoli, Sautéed
Vegetables

Burrito Zone \$ 7.49

Build your own: pick 5

Pick 1: Grilled Chicken, Roast
Pork, Turkey, Steak, Fried Shrimp

Pick 1: Cheddar,
Mozzarella, Pepper Jack

Pick 3: Rice, Corn, Black
Beans, Olives, Jalapeno,
Tomato, Onions, Avocado
Served w/ Side Salsa & Sour Cream
And Potato Chips

Quesadillas Zone 7.75

Build your own: pick 5

Pick 1: grilled chicken, roast beef,
roast pork, pulled pork, fried shrimp

Pick 1: Mozzarella, Cheddar,
Pepper Jack, American, Swiss

Pick 3: Rice, Corn, Olives, Tomato, On-
ions, Green Peppers, Roasted Peppers,
Jalapeno, Spinach, Mushroom

Additional 1 dollar: Turkey Bacon,
regular Bacon, Avocado
Served with sour cream, salsa and potato chips

Waffle Cone Parfait 5.49

Crispy Waffle Cone stuffed
with layers of low fat Vanilla
yogurt and our home made
Granola with a tangy drizzle of
Raspberry Melba syrup

Home made Soup Zone

*CHICKEN NOODLE

* Beef Barley

* Matzo Ball

*Italian Wedding

Small \$ 3.25 , Medium \$ 3.75
Large \$ 5.99

200 Calorie Ever Roast Chicken Lettuce Wrap 5.99

3 Oz Boars Head Ever Roast
chicken, 1 Oz. Roasted Peppers, 1/2
Oz. Feta cheese all wrapped in
Iceberg Lettuce leaves

Sandwich of the Day 6.99

Boars Head Turkey

on White, Rye or Wheat
Served w/ 20 Oz. Iced Tea

Buffalo Chicken Salad 8.99

Breaded Chicken tenders tossed in a
mild Buffalo sauce over Romaine
lettuce, cucumber, red onions,
tomato, cheddar and
crumbled blue cheese

Croissant Zone

Cream Cheese and Jelly 3.49
Egg, Ham and Cheese melt 4.49
Egg ,Sausage & Cheese melt 4.49
Turkey & Cheese melt (lunch)6.99
Ham & Cheese melt (lunch) 6.99

Greek Zone 6.99

Gyro pita with Lettuce,
Tomato and Onions
Served with yogurt sauce

Fritos Chili Pie 5.99

Fritos topped with
chili Con Carne, melted Cheddar
cheese and diced red Onions in
a medium size Bowl

The Texan Hero 8.49

Hot Roast Beef, melted Vermont
Cheddar cheese, sweet sautéed
Onions and Horseradish sauce

LUNCH BOX SPECIAL 7.49

Boars Head ham and Cheese
(On White, Rye, Or Wheat),
Poland Spring Water, Or Home Made Iced
Tea, & Potato chips

Panini Zone: 7.25

BBQ Grilled Chicken,
Bacon, Cheddar

Tuna Melt Pita 7.25

Our home made tuna salad topped with
sliced tomato and melted American cheese

Brunch Zone 6.49

Spinach and Feta cheese omelet
served with Home Fries and Toast

Bagel Zone 6.49

Nova Scotia smoked
Salmon with Onions

Wrap Zone \$ 6.99

Sicilian Eggplant wrap with roasted red
Peppers and Provolone

Fresh smoothies \$ 4.25

Choose two: Mango, Strawberry, Banana, Peach,
Pineapple, blueberry

Fruit salad and

yogurt Parfait with granola 4.99

We serve Breakfast all Day