



We deliver
\$15 minimum

Meatless Monday 1/15/2018

A Variety of ideas for Health conscious customers to reduce the risk
of chronic diseases and conserve resources

Tel 631-293-7399 Fax 631-293- 8171

Impress your
Guests with a
catering from
DELI ZONE

290 Route 109, Farmingdale www.delizone.com

Muscle Wrap 5.99
3 egg whites, Turkey,
Mushroom, Spinach,
and low fat Swiss

Energy Wrap 6.75
3 egg whites, grilled
chicken, spinach,
tomato, and avocado

Power Wrap 6.75
3 egg whites,
Quinoa, spinach,
turkey and
avocado

Light and Healthy
wrap 4.25
2 egg whites,
Turkey bacon,
and low fat Swiss

Hot Buffet Zone : pick 3

Sm. 5.75 Med.7.25 Large 8.25

Pick 1: Latkes (Potato Pancakes),
Quinoa, Eggplant and Mushroom
Balls, Chili Con Carne, BBQ boneless
Ribs, Sausage & Peppers, Grilled
Chicken, Chicken cutlets

Pick 1 : Penne Ala Vodka, Quinoa,
White Rice, Brown Rice, Macaroni and
Cheese

Pick 1: Steamed Broccoli, Sautéed
Vegetables

Potato Pancakes 5.99

**Three Potato
Pancakes served
with Sour
Cream and
Apple sauce**

Meatless Balls 7.99

**Roasted Egg Plant,
Quinoa and
Mushroom Balls
served with Penne ala
vodka, Parmesan
cheese and Marinara**

Soup Zone

*CHICKEN NOODLE

* Orzo Spinach soup

*MOTZOH BALL

*Italian Wedding

Small(12 OZ) \$ 3.25 ,

Medium (16 Oz.) \$ 3.75

Large (quart) \$ 5.99

Burgers Zone

Pick 1: Beef Burger,

Turkey Burger, Veggie Burger 5.49

Free Toppings: Lettuce, Tomato, Onions,
Pickles

More Toppings (.50 each): Jalapeno,
Mushroom, Cheese, Feta, Olives, Hash Brown
(1.00 Ea): One egg, Bacon, Turkey Bacon, Avocado

Add Fries and Slaw: French fries
2.50, Sweet Potato Fries 2.99, Waffle
Fries 2.99, Curley Fries, Onion Rings 2.99

Free Condiments: Ketchup, Mayo, BBQ,
Teriyaki, Pesto, Mustard, Ranch, Blue cheese, Hot
Sauce, Buffalo sauce

Brunch Zone 6.99

Shakshuka

**An Israeli cast iron dish
with two eggs poached in
Tomato sauce w/ Onions,
Potato, Spinach and
side warm Pita Bread**

Sandwich of the Day 6.99

Tuna Salad

on White, Rye or Wheat
Served w/ 20 Oz. Iced Tea

Salad Zone 8.99

3- Salad Combo

Large house salad topped
with tuna, chicken and Egg
Salad

Honey Maple Glazed

Turkey Club 7.99

With Turkey Bacon,
Lettuce, Tomato and light mayo
on toasted whole wheat

Value Meal 6.99

Grilled cheese

Served w/ French Fries,
& 20 Oz. Iced Tea

Vegetarian Wrap Zone 7.25

Honestly Sautéed Vegetables
with fresh Mozzarella stuffed
in Spinach Wrap
w/ side Humus dip

200 CALORIES

Ever Roast Chicken Lettuce Wrap

3 Oz. Boars Head Ever Roast Chicken Breast,
1 Oz. fire Roasted red peppers,
1/2 Oz. feta cheese all wrapped in layers of
Iceberg Lettuce

LUNCH BOX SPECIAL 7.49

Turkey and Cheese

(On White, Rye, Or Wheat),
Poland Spring Water, Or Home Made Iced Tea, &
Potato chips

Panini Zone: 7.25
**Egg Plant, Humus
and Avocado**

Pita Zone \$ 6.99

Falafel Pita: stuffed in a Pita
w/ lettuce, Tomato, Onions
and side Yogurt sauce