



We deliver
\$15 minimum

Meatless Monday 3/12/2018

A Variety of ideas for Health conscious customers to reduce the risk of chronic diseases and conserve resources

Tel 631-293-7399 Fax 631-293- 8171

Impress your
Guests with a
Catering from
DELI ZONE

290 Route 109, Farmingdale www.delizone.com

Muscle Wrap 5.99
3 egg whites, Turkey,
Mushroom, Spinach,
and low fat Swiss

Energy Wrap 6.75
3 egg whites, grilled
chicken, spinach,
tomato, and avocado

Power Wrap 6.75
3 egg whites,
Quinoa, spinach,
turkey and
avocado

Pay in cash and
save:
Over the phone
cc transactions
Add 1.00+ 3.8%

Hot Buffet Zone : pick 3

Sm. 5.75 Med.7.25 Large 8.25

Pick 1: Quinoa breaded Egg Plant ,
Meatless Veggie Balls, Potato
Pancakes, Chili Con Carne, Sausage &
Peppers, Grilled Chicken, Chicken
cutlets

Pick 1 : Penne Ala Vodka, Quinoa,
White Rice, Brown Rice, Macaroni and
Cheese

Pick 1: Steamed Broccoli, Sautéed
Vegetables, baked sweet Potato

Quesadillas Zone 7.75

Build your own: pick 5

Pick 1: grilled chicken, roast beef,
roast pork, pulled pork, fried
shrimp

Pick 1: Mozzarella, Cheddar,
Pepper Jack, American, Swiss

Pick 3: Rice, Corn, Olives, Tomato,
Onions, Green Peppers, Roasted
Peppers, Jalapeno, Spinach, Mush-
room

Additional 1 dollar: Turkey Bacon,
regular Bacon, Avocado
Served with Sour Cream Salsa and potato chips

Meatless Balls 7.49

Roasted Egg Plant,
Quinoa and
Mushroom Vegan Balls
served with Penne Ala
Vodka, Parmesan cheese
and Marinara

Soup Zone

- *CHICKEN NOODLE
- * Spinach Tortellini
- *MOTZOH BALL
- *Italian Wedding
Small(12 OZ) \$ 3.25 ,
Medium (16 Oz.) \$ 3.75
Large (quart) \$ 5.99

Burgers Zone

Pick 1: Beef Burger,
Turkey Burger, Veggie Burger 5.49

Free Toppings: Lettuce, Tomato, Onions,
Pickles

More Toppings (.50 each): Jalapeno,
Mushroom, Cheese, Feta, Olives, Hash Brown
(1.00 Ea): One egg, Bacon, Turkey Bacon, Avocado

Add Fries and Slaw: French fries
2.50, Sweet Potato Fries 2.99, Waffle
Fries 2.99, Curley Fries, Onion Rings 2.99

Free Condiments: Ketchup, Mayo, BBQ ,
Teriyaki, Pesto, Mustard, Ranch, Blue cheese, Hot
Sauce, Buffalo sauce

Brunch Zone 6.99

Shakshuka

An Israeli cast iron dish
with two eggs poached in
Tomato sauce w/ Onions,
Potato, Spinach and
side warm Pita Bread

Honey Maple Glazed

Turkey Club 7.99

With Turkey Bacon,
Lettuce, Tomato and light mayo
on toasted whole wheat

Salad Zone 8.99

3- Salad Combo
Large house salad topped
with tuna, chicken and Egg
Salad

Potato Pancakes 5.99

Three Potato Pancakes served
with Sour Cream and
Apple sauce

Sandwich of the Day 6.99

Tuna Salad

on White, Rye or Wheat
Served w/ 20 Oz. Iced Tea

Vegetarian Wrap Zone 7.25

Honestly Sautéed Vegetables
with fresh Mozzarella stuffed
in Spinach Wrap
w/ side Humus dip

200 CALORIES

Ever Roast Chicken Lettuce Wrap 5.99
3 Oz. Boars Head Ever Roast Chicken Breast,
1 Oz. fire Roasted red peppers,
1/2 Oz. feta cheese all wrapped in layers of
Iceberg Lettuce

LUNCH BOX SPECIAL 7.49

Turkey and Cheese

(On White, Rye, Or Wheat),
Poland Spring Water, Or Home Made Iced Tea, &
Potato chips

Panini Zone: 7.49
Quinoa breaded Egg
Plant, Humus
and Avocado

Pita Zone \$ 6.99

Falafel Pita: stuffed in a Pita
w/ lettuce, Tomato, Onions
and side Yogurt sauce