



We deliver
\$15 minimum

290 Route 109, Farmingdale www.delizoneli.com

Meatless Monday 9/18/2017

A Variety of ideas for Health conscious customers to reduce the risk of chronic diseases and conserve resources

Tel 631-293-7399 Fax 631-293- 8171

**National
Cheese Burger
Day**

Muscle Wrap 5.99
3 egg whites, Turkey,
Mushroom, Spinach,
and low fat Swiss

Energy Wrap 6.75
3 egg whites, grilled
chicken, spinach,
tomato, and avocado

Power Wrap 6.75
3 egg whites,
Quinoa, spinach,
turkey and
avocado

Light and Healthy
wrap 4.25
2 egg whites,
Turkey bacon,
and low fat Swiss

Hot Buffet Zone : pick 3
Sm. 5.75 Med.7.25 Large 8.25

Pick 1: Egg Plant Rollatini, Latkes,
Swedish Meatballs, Chili Con Carne,
BBQ boneless Ribs, Sausage & Peppers,
Grilled Chicken, Italian Meat Balls,
Chicken cutlets

Pick 1 : Penne Ala Vodka, Quinoa,
White Rice, Brown Rice,
Macaroni and Cheese

Pick 1: Steamed Broccoli, Sautéed
Vegetables, Baked Sweet Potato

Burrito Zone \$ 7.49

Served w/ Side Salsa & Sour Cream

Pick 1: Grilled Chicken,
Roast Pork, Turkey, Steak,
Fried Shrimp, Falafel

Pick 1: Cheddar,
Mozzarella, Pepper Jack

Pick 3:Rice, Corn, Black
Beans, Olives, Jalapeno,
Tomato, Onions, Avocado,
(choose 4 if you skip the meat)

Grilled Cheese Zone

Build your own

White, Rye, Wheat 4.25

Pick your cheese: American, Swiss, Mozzarella,
Cheddar, Muenster,

Provolone , Jalapeno Pepper Jack

Add: (2.00 ea.) Bacon, Turkey Bacon, Ham, Pas-
trami, Turkey, Burger, Avocado

(.50 ea.): Tomato, Sautéed Onions,

Jalapeno, Mushroom, Hash Brown, Egg

Add Fries and Slaw: French fries 2.50, Curley Fries

2.99, Sweet Potato Fries 2.99, Waffle Fries 2.99,

Onion Rings 2.99

Waffle Cone Parfait
\$ 5.99

Fresh cut Strawberries and
Blue berry

layered with low fat
Vanilla yogurt and home
made Granola in a large
Crispy Waffle Cone Bowl
With a drizzle of a tangy
Raspberry Melba Sauce

National Cheese Burger Day

Pick 1: Beef Burger,

Turkey Burger, Veggie Burger 5.49

Free Toppings: Lettuce, Tomato, Onions,
Pickles

More Toppings (.50 each): Jalapeno,
Mushroom, Cheese, Feta, Olives, Hash Brown
(1.00 Ea): One egg, Bacon, Turkey Bacon, Avocado

Add Fries and Slaw: French fries

2.50, Sweet Potato Fries 2.99, Waffle

Fries 2.99, Curley Fries, Onion Rings 2.99

Free Condiments: Ketchup, Mayo, BBQ ,
Teriyaki, Pesto, Mustard, Ranch, Blue cheese, Hot
Sauce, Buffalo sauce

Fresh Salads

>Chick Pea salad 5.99/ Lb.

>Honey Mustard grilled Chicken
pasta salad 6.99/ Lb.

>Creamy Ranch grilled chicken
Pasta salad 6.99/ lb.

>Tortellini salad 7.99 /lb.

>Watermelon, Feta, Tomato
Cucumber salad 7.49 (large)

Sandwich of the Day 6.49

Tuna Salad

on White, Rye or Wheat

Served w/ 20 Oz. Iced Tea

Get 5.00 off when you order online at

www.delizoneli.com

Brunch Zone 6.99

Shakshuka

An Israeli cast iron dish with two
eggs poached in Tomato sauce w/
Onions, Potato, Spinach and
side warm Pita Bread

Soup Zone

*CHICKEN NOODLE

*Chicken Tortilla

*MOTZOH BALL

*Italian Wedding

Small(12 OZ) \$ 3.25 ,

Medium (16 Oz.) \$ 3.75 Large (quart) \$ 5.99

Value Meal 6.99

Grilled cheese

Served w/ French Fries,
& 20 Oz. Iced Tea

Vegetarian Wrap Zone 7.25

Honestly Sautéed Vegetables
with fresh Mozzarella stuffed
in Spinach Wrap
w/ side Humus dip

200 CALORIES

Ever Roast Chicken Lettuce Wrap

3 Oz. Boars Head Ever Roast Chicken Breast,
1 Oz. fire Roasted red peppers,
1/2 Oz. feta cheese all wrapped in layers of
Iceberg Lettuce

LUNCH BOX SPECIAL 7.49

Turkey and Cheese

(On White, Rye, Or Wheat),
Poland Spring Water, Or Home Made Iced Tea, &
Potato chips

Panini Zone: 7.25

Egg Plant, Humus
and Avocado

Pita Zone \$ 6.99

Falafel Pita: stuffed in a Pita
w/ lettuce, Tomato, Onions